

YOU CAN BE FREE AND HAPPY FOREVER

Join the Party in Your Heart @ Vacation4Life

The Greatest of Charity is the Freeing of a Slave!

FREEDOM FROM FEAR MEANS NO FEAR OF FREEDOM

Many free and successful people say that freedom is what we are most afraid of. But it's only scary because we don't know what to do with it. Many of us think that it's not even right to be free and happy. Being free is being irresponsible, we're told. Well, yes and no. We can be happy and free and still be responsible!

As a matter of fact, we cannot be truly responsible until we are happy and free, and I'll tell you why. As long as we are unhappy our happiness will always be foremost on our minds, distracting us from the completion of our responsibilities, which we will always begrudge. By that I mean, we will always blame our responsibilities for our unhappiness. No wonder we feel like we will never be happy.

So let's be happy first! Impossible, you say? Not at all! It's exactly the goal of the God-realized (and of life itself) to achieve and maintain inward happiness and ecstasy and outward sobriety and responsibility - to be ecstatic inwardly and sober and responsible outwardly. And you can learn to teach others how to do it too.

So imagine you and your entire family, prosperous, healthy, carefree and happy. Imagine your freedom like being on a permanent vacation for the rest of your life. Imagine your ability to build your life as you choose - the freedom to make mistakes, to choose again. Imagine knowing what you really want to do with your life and doing it, and changing your mind because you can.

Well, I know what I want to do with mine, (because the hallmark of ownership is the freedom to give it away) and that's help you to get to yours. So I invite you join me on a vacation for life and by that I mean let me help you change your life (and the lives of those around you), from one of fear, desperation and hopelessness to one of ease, good health and happiness.

And yes, I've been studying natural health and spiritual practices all my life, and I'm telling you, it can be done. You can have it too! It'll cost you everything you've got, but you're worth it, aren't you? If your life looks like a ship heading to rocks in a storm, call me now! We can change it.

The Concept of "Vacation for Life"
"Little by little, this work will turn into exactly what it is focusing upon."

Comparing Concepts of Life and Death

Death means the end of life as we know it. Yet we are assured by all prophets, religions and spiritual teachings, that there is no death, and that life is eternal and everlasting. These selfsame teachings instruct us that we are created with the freedom of choice as to how and where we will live out our lives, and that that choice always begins now, in the present moment. If we have made a wrong choice, we can choose yet again. If we are dissatisfied with our choices before that have led us to where we find ourselves in the moment, we can now choose yet again, and make a wiser choice.

The choice is ours - always has been and always will be. And it's a simple either/or choice. By that I mean we can choose one thing or the other and in a sense, we have a lifetime to make up our minds. But I mean that only in the sense that even though it is possible at anytime to change our minds, it is considerably more difficult to change the course of the habits which we've formed in our hearts. So in that respect the sooner we taste the consequences of wrong choices, the better, because it is beneficial for us in our later years to be able to rely upon proven good habits that were developed strongly in our earlier years.

Hence the promise that heaven and hell are eternal, so long as God wills. It is hoped that there will come a time when hell will no longer be necessary, but until that time when man has learned to live the heavenly life without the threat and consequence of punishment, it will be there, inviting to its flames all who consider themselves unworthy of accepting the invitation of God to live in the holy gardens he has created for those who believe.

Hence the real battle of life is the battle of faith and belief in God over the fear that causes unbelief, rejection and cruelty, and on that note we can begin a spiritual investigation into healing the roots of fear and where it came from in the first place, and what is the purpose of the life of this world.

Born into a world relatively uncivilized as yet, man is faced with an unfortunate but not insurmountable challenge of self preservation, of survival. And even though many may fail, by God's decree, it is also true that most succeed, in some fashion or another. The difficulty of the human habit-forming faculty is that it is easy to continue to live by the old survive-or-die habits of suspicion, competitive selfishness and greed even when they are no longer remotely necessary. In other words, the transformation of the survival-oriented, suspicious and commanding self into a relaxed generous and trusting self is not so easy, especially when there are so few examples around to make it seem like a desirable move. However, love plays a strong hand in the game of life and we learn it even if it was not taught us or made available in our early years.

Love is the means and the desire of self-transformation. We simply cannot get enough of it, and especially if we choose to remain hard-headed, selfish, and unsharing of ourselves. No matter how much we may believe that the tough-guy approach is the only right way to live life, we are consistently confronted with the realization that it doesn't work very well as a means for receiving love. Something's gotta give if we want to have what we really want. Otherwise we're always stuck with second best, and money is no substitute for love.

Now what happens if the heart does not get enough love is that it dies. And when the heart dies, the body goes too, and with it all your dreams, desires, hopes, fancies and aspirations - in a word, your life, as you now know it, is over.

Many of us wish for that. Is it not true? If not for you, can you not at least recognize or imagine that it might, even must, be so for someone you know?

Even more disheartening is the fact that the wish for death is in most cases not even recognized, but camouflaged by the simple and "innocent" expectancy of it.

If we are living lives that look forward to death, even at some far off distant time, and even in the most practical sense that we all know of as "everyone goes sometime", then we are not really looking at life at all. We are creating and living in a life based on a certain amount of time to get What? done. Your "limited" life, as you see it and envision it, is referred to in Sufi terminology as "Dunya", or darkness. Dunya is not the world "out there". It is the same world "in here".

Why are all of the established good things on the earth either established by or dedicated to the memory of some person? Leland Stanford founded Stanford University. How many universities and churches are dedicated to the religious and believing individuals who founded them? Is it not plain to see that belief in God, in one form or another, is the basis for lasting achievement and eternal memory? Has anyone forgotten Abraham Lincoln?

Now how many of the great villains do we hold with gratitude and love in our hearts. Is not the fate of the evil-doer infamy and rejection? Which of the signs of our Lord would we deny? Can we reasonably expect to live in Heaven if we do not even believe in it? And is that not the signature of all religious teachings, to believe in God, Heaven and Hell? Are these even more signs to deny? No, by God, I shall not deny them - quite the contrary. I shall affirm them from the practical experience of my life that I have lived fully and richly among you - that God is True, that Heaven and hell are true, that the messages of the prophets and saints are true, and that if we live by them we will live good lives in love and in safety except as God wills, and that we will create good things for those who follow us and live forever blessed in the memory of God and men.

Do you see now, by these examples, a comparison in concepts of "Life"? There is a life in the dunya of one's own inherited perception of self and life, which includes all of its ups and downs, goods and bads, pleasures and pains, and eventually ends in death and hopefully going to heaven, and there is yet another choice, where we live after we have surrendered our life and our death and our prayers and our sacrifices to the absolute Oneness of God, letting Him do with it as He pleases, and then following the guidances that come from Him to your heart, for He is all there is, living your life as a free, educated, ecstatic and responsible slave to His Unity. Do you see the difference between seeking for guidance and actually receiving it - between seeking and finding, between wanting and having?

This is the rock upon which to build your lives. Not the shifting sands of your desires and hopes and expectations and fears. Live your lives in truth, not in the hope of freedom from illusion. And it is in this world, the world of God that I invite you to vacation for life.

And this reality is free for all who would have it. It requires only a shift in your heart to know it and a little work on ridding your heart of the influences that would adversely affect it, and a willingness, even if of necessity, to live your life freely in the service of God. This is my definition of healing. This is my definition of Life.

Facilitating Transformation

Facilitating Transformation requires knowing whereof one speaks, and that's the true beauty of it, because even speaking of it and especially helping others to discover it, forces us to rely on our own experience of it, which increases it! So we are, in a sense, teaching what we are learning and need to learn more of for ourselves, or teaching what we want, and thereby creating our own future.

And Wow! Is that ever a Joy! Even considering it, that that is what I'm actually doing, makes me feel not only like a million, but truly empowered and in control of my life once again, by virtue of exercising my God given freedom to choose my way of life in a world that not only allows us to do that but encourages and facilitates it. That's MY vacation for life.

Little by little, this work will turn into exactly what it is focusing upon.

Now I can literally think and grow rich. But it's never worked like that for me before. So that suggests that a certain kind of inner work needs to be done before the transformative effects can actually take place, materialize, manifest. That's what I'm doing. I'm transforming peoples lives into vacations of joy and happiness in the real world of Allah. And I invite everyone to join me. Come live the good life in the God that you are. What attribute of our creator do we not carry, we who were created to be His image? Which of the blessings of our Lord would we deny?

Life in Reality

To me, Vacation for Life means to live the Real Life in the Truth and Reality (of our own existence), which from a previous point of view appeared to be only a useless or hard won dream. It means to live in the Eternity of God that God created for us to live in. To be free of the fear of death and disease, war and famine, and to live aggressively in helping others to help others to live aggressively in the peace of God. With Liberty and Justice for ALL!

Our Constitution and Declaration of Independence are holy documents of man. They stand for the freedoms, rights and society for which men aspire. It is our duty to God, ourselves, our fellow men and humanity, our nation and all nations and the world we live in to live by these principles of divine human freedom and to help others to understand and live by them too will only increase their power and influence, and nothing but good will come from a life lived in that light.

Vacation for Life does not mean avoiding responsibilities but to accept them in a joyous free and capable manner. It means attaining a life of leisure but using it in an active, constructive and benevolent fashion.

Vacation for Life also refers to the case that is so true for so many of us - that if we do not lay down the enslaving work ethic that is killing us or our loved ones we (or they) will certainly and gratefully die of some ailment of the body caused by the excessive physical, mental or emotional stress accrued. So in that sense, we MUST Vacation for Life, it's the only viable option to spending the rest of it in a hospital.

**How to Satisfy your Desire through Trust and Knowledge of God
(and be rich in the process)
Because you Are what you're looking for.**

O Satisfier, O Grantor of Desires. Grant me the means to satisfy all desire,
and the abundance of that means to share with all who still desire.

God is the Satisfier of Desire, the Provider of Means.

"A Solid and Confirmed Inner Connection is the Key to Every Success."

1. Contemplate the emptiness
2. How to satisfy your desire for money without money
3. The difference between consecutive and concurrent thinking
4. Teach the People
5. Release from the trap

Contemplate the emptiness, not what you believe will fill it.

If you concentrate on the "object" of desire, you simply project and objectify, a function of the left brain which thinks in terms of objectivity and linearity, automatically focusing on a projected object, the "project", or the "goal", imagining or believing it to be the solution to the problem. However the attainment of the projected "object" will fulfill only the desire for it and not the emptiness from which sprang the desire itself.

But if you stay in the emptiness of the need, which can only be accomplished by contemplating the emptiness, it will be filled for you. This is proven in the leading edge work on Spiritual Healing and the Psychology of Spiritual Fulfillment, as exemplified by the work of A. H. Almaas described in his book called "Essence". (The Sufis have said, "All you need is need", and the "fuqara", followers of the Sufi path, refer to themselves to a person as "the needy".)

Contemplating the emptiness is an important work, essential to true self-fulfillment and not easily learned alone. Those who have mastered it are well worthy of their pay for the work of passing the discipline of its secret to the willing and needy students. They should be well supported by those learners who can afford it because of their willingness to teach those who cannot.

How to satisfy your desire for money without money

Learning how to satisfy your desire without money will bring you all the money you need, for it is the knowledge of how to satisfy desire that the people really need, and it's satisfaction that desire itself desires. The "need" for money is a projection of this desire for satisfaction, and without the genuine article it will be only a temporary distraction. This is the secret Power of Contentment as known by the needy and rich in God. Contentment with emptiness fulfills.

Understand that desire begins with the feeling of emptiness. We then naturally look around outside of ourselves to see what others have (i.e. money, love, education, wisdom) that we feel missing in our lives, attributing to it the source of their happiness and contentment. This is the initial error in judgment of God that spins us out into the wheel of Maya and illusion that will not let us go until we are dizzy, sick and exhausted from the "search" for spiritual happiness through material means.

Yet it is the other way around. We become materially wealthy through contentment with what is, and this always entails, in the beginning, a deliberate nothing, the ability to detach completely from the material realm. In some cases, we may even lose everything we have ever had in order to reach the all-important point of true realization from which we may begin our quest for meaningful substance. This is referred to biblically as the building of your castle on the rock of heaven rather than in the sand in illusion.

So the question to you is,
"are we going to do this thing, or not?"

The difference between consecutive and concurrent thinking

From the point of view of left brain linear, or consecutive, thinking, right brain concurrence can only be seen as chaos. Hence the "chaos" theory, which is a "theory" attempting to explain the unimaginable, what the "mind" cannot grasp - that there is no chaos, that everything is in order, all running concurrently - i.e. God. Only the vastly under-relied-upon right brain has the capability of truly realizing this, but it is perception-based feeling rather thought-based, linear/ logical thinking; so as long as the mind is under the influence of the left brained, action-oriented, sympathetic/ responsive nervous system, which it is most of the time because we're so trained, that will predominate and the right brained more "feminine, peaceful, contemplative, "heart-oriented, God-realized, passive, parasympathetic system will not be able to operate in full swing, enabling the faculty of total comprehension, or enlightenment. No enlightenment translates as chaos - in need of control.

Calming the reactive nervous system is the work of all the king's horsemen and all the king's men, but no one seems to be able to put humpty dumpty back together again. We're just a bunch of magic makers with no real solutions at all. And that is simply because from within that viewpoint it is as inconceivable to contemplate the possibility of bypassing it altogether as it is to imagine suicide as a means to a better life (in this world). It's all there is. It's the best the mind has to offer. It's the hopeless viewpoint from which the only alternative to control is chaos. Concurrent thinking is unimaginable from that place in the mind, as is the possibility of another place. A trained and fearful addiction to linear thinking limits possibility even while searching for it.

Concurrent thinking cannot really be imagined, only experienced. The imagination is a product of the realistic, linear thinking mind. Imagination is itself an imagination. We only imagine that we imagine, like we intuit that we intuit. There's no scientific basis for imagination or intuition, it just is. It is by its very definition, that which is outside of linear projection, but defined from within it. However, the "experience" of it (concurrent thinking) is by the nature of its very reality the dropping of all vestiges of the trained linear thinking mind, a daunting challenge even if willingly taken on, which is extremely rarely the case. No one (in their "right" mind) wants to lose anything, and especially all the training into which we've vested so much time, money, goal orientation and material interest. Herein lies the enigma of the biblical and true spiritual teaching that in order to gain everything we must lose everything and that who seeks to save himself loses himself and who loses himself saves himself.

Teach the People

What's more, you cannot do it alone. So it flies in the face of the staunchly determined self reliance of left brain ego-oriented thinking. It absolutely requires a teacher. It requires the presence of someone who has learned it and stepped outside of the trap, because that's the very nature of a trap, there's no way out unless you are released by someone else. (There's a whole sociological phenomenon behind this piece

that has to do with a necessary spiritual reordering and restructuring of society for the benefit and evolution of humanity, but we'll touch on that in another discourse, God willing.)

Even more, every teacher has one, and in the end, all the teachers and teaching link to the spiritual masters of all humanity. So we all have God to thank for the guidance we seek out of the trap of our own isolated and limited existence and into the reality of the God-realized who are the truly successful in this world and the next. And herein lies the reformation of religion, that is so long overdue and which has been so well started in Christianity by New Thought.

Take for example the potential of a cancer clearing workshop.
How about Healing Children through Healing Parents, or
How Being Rich in God can make you a Millionaire
Learning how to learn - The Process of Accomplishment
Intentional and Surrogate Healing, How to Find Fulfillment in Life

All of these things appear to be important manifestations of good living and their absence seems to be a cause of pain and suffering. I would call these things "the needs of the people", wouldn't you?

All of them are gained, and more, by supporting and keeping company with the God-realized.

It's not for these "things" that we love God, we love God for God. It's just that these "things" are the by-products of the love of God, and the natural gifts He bestows from His kindness and generosity. They are not to be used for strictly selfish purposes, a certain percentage needing to be dedicated to the poor and needy, but self-deprivation cripples our ability to help ourselves and our families and serve our communities and our society and our world. So let's make some money teaching the people what they need to know in order to be happy, healthy, wealthy and wise.

Release from the trap

Release from the trap requires two acceptances, one that it is a trap, and two, much more difficult and requiring help, **that you are not actually in it.**